Furosemide-induced dilation of pulmonary veins as a prophylactic for exercise-induced pulmonary hemorrhage
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ABSTRACT

Horses undergoing intense exercise are often diagnosed with exercised-induced pulmonary hemorrhage (EIPH). As a preventative, veterinarians routinely administer furosemide (LasixTM), prior to exercise. The use of LasixTM is controversial since its mechanism of action is incompletely understood. Our research is aimed at elucidating pulmonary mechanisms by which furosemide is protective against EIPH. We hypothesized that furosemide induces dilation of pulmonary veins, through inhibition of the Na⁺, K⁺, Cl⁻ cotransporter, NKCC1. Pulmonary veins (2-4mm outer diameter) were isolated from the caudodorsal (CD) and cranioventral (CV) right lung lobe regions of nine horses. Each vessel was subjected to wire myography to assess dilation to furosemide (1e-6 to 1e-3 [logM]). As hypothesized, furosemide induced dilation of equine pulmonary veins taken from both Thoroughbreds (CD, 92 \pm 11%; CV, 83 $\pm 10\%$) and other breeds (CD, 106 \pm 12%; CV, 96 $\pm 12\%$ relaxation at 1e-3 [logM]). qPCR was used to determine mRNA expression of NKCC1. Veins isolated from both CV and CD portions of the lung had mRNA expression similar to positive control tissue (kidney, lung, spleen) in both Thoroughbreds and other breeds. In future, histology will be used to determine the protein location of the NKCC1 transporter in horse lung veins. In conclusion, preliminary findings indicate furosemide dilates isolated equine pulmonary veins in vitro, and that NKCC1 is expressed in pulmonary tissue. These data are the 1st ever to demonstrate furosemide has a direct effect on equine pulmonary vasculature, and that NKCC1 mRNA exists in the lung. These data suggest NKCC1 inhibition is a plausible pulmonary veinmediated mechanism underlying the efficacy of furosemide for prophylaxis of EIPH in horses.





RESULTS												
Table 2. Vessel size Thoroughbreds												
Caudodorsal	Average	Standard Error	Cranioventral	Average	Standard Error							
Length (mm)	4.46	0.18	Length (mm)	4.77	0.19							
Inner diameter (mm)	1.88	0.20	Inner diameter. (mm)	1.74	0.16							
Outer diameter (mm)	2.65	0.24	Outer diameter (mm)	2.69	0.17							
Wall thickness (mm)	0.38	0.04	Wall thickness (mm)	0.47	0.06							
Table 2. Vessel size other breeds												
Caudodorsal	Average	Standard Error	Cranioventral	Average	Standard Error							

OBJECTIVE

Elucidate pulmonary mechanisms by which furosemide is protective against exercise-induced pulmonary hemorrhage.

HYPOTHESIS

Furosemide induces dilation of pulmonary veins, through inhibition of the sodium, potassium, chloride cotransporter, NKCC1.





Breed	TennesseeWalker	Hanoverian	ТВ	ТВ	ТВ	Quarter Horse	Quarter Horse	TB	ТВ		
Age	1 year old	15 years old	4 years old	9 years old	5 years old	22 years old	22 years old	11 years old	22 years old		
Sex	Gelding	Gelding	Mare	Mare	Gelding	Mare	Mare	Gelding	Gelding		
Body Weight (lbs)	780	1290	958	1028	1102	1072	1084	1124	1086		
Lung Weight (kgs)	-	-	5.1	5.55	5.05	4.7	*9.65	4.9	6.65		
 + chronic cystitis, bilateral ureteritis, bilateral hydronephrosis * inflammation and accumulation of granulocytes due to history of heaves TB=Thoroughbred 											

 Table 1. Demographics of equine lung tissue donors



Figure 3. Furosemide Induced Dilation is Dependent on Breed but not Location. (A) % Relaxation in veins taken from CV and CD portions of the lung in TB and other breeds. (B) % Relaxation in CV vs. CD (all breeds). (C) % Relaxation in TB vs. other breeds (both locations). % Relaxation was calculated using the following equation ((CT-x)/(CT-RT))*100. x = measured grams of tension at each dose. 3-way ANOVA (A), 2-way ANOVA (B,C),(*p<0.05).



Figure 4. Relative NKCC1 mRNA expression in lung veins in TB and other **breeds.** Quantitative PCR (qPCR) was performed on a BioRad iCycler. NKCC1 and 18S primers were optimized for linearity efficiency. The NKCC1 mRNA and underwent rounds multiple ot amplification and desired product was detected by fluorescence (A) and quantified by using the 2⁻ddCT method (B) with the following equation: 2⁻(NKCC1 CT – 18S CT)_{experimental group} – (NKCC1 CT - 18S CT)_{control}.





Figure 1: A) CD and CV equine lung tissue collection **B)** Pulmonary Vein Isolation **C)** Wire myography: Pulmonary vein is submersed in Krebs buffer and challenged with KCl while length-tension curves were generated, followed by U46619 (thromboxane A2 agonist) induced constriction and furosemide-induced dilation.



These are the first data to demonstrate NKCC1 is expressed in equine pulmonary vasculature and that furosemide induces dilation of pulmonary veins. Therefore, NKCC1 inhibition is a plausible pulmonary vein-mediated mechanism underlying the efficacy of furosemide for prophylaxis of EIPH in horses.

Questions/Comments: Email me at eeh8kd@umsystem.edu

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